

Giving Children in Luton a

Flying Start

From pregnancy to 5 years



What is Flying Start?

Flying Start is the name of Luton's ambitious prevention and early intervention strategy whose aim is to "improve the outcomes of our children from pregnancy to 5 years of age as a foundation to a healthy future".

Our strategy has been developed in partnership by our parents, community representatives and strategic partners.

Flying Start is for pregnant women and their partners, new parents, babies, toddlers and children up to their 5th birthday, and young people who will be the parents of tomorrow. We aim to deliver a change to how we support mothers and families during pregnancy and in the first five years to improve the life chances of babies and young children.

How will Flying Start work?

Flying Start seeks to improve outcomes for children from pregnancy to 5 years of age and their families by intervening early when help and support is needed. Flying Start will deliver services that will:

- Improve babies' and young children's communication and language skills
- Support healthy bonding between parents and their babies and young children
- Encourage healthy diet and lifestyles for babies, young children and their families

For more information about our work, visit our website

www.flyingstartluton.com





Get involved with the work of Flying Start

Make a real difference to the lives of young children and their families

Flying Start is a community-led programme with local families, local communities and partners working together to help shape and direct our work.

How can I get involved?

- By joining one of our local Community Partnerships or standing for election to our Area Partnership to help shape the work that we do with babies, young children and their families
- By becoming a Flying Start Volunteer

Finding out more

If you would like to find out more about opportunities to make a difference to the lives of young children and their families with Flying Start, please contact us:

- 📄 www.flyingstartluton.com
- ✉ flyingstartvolunteer@pre-school.org.uk
- ☎ 01582 548356



Be part of our volunteering team

Anyone can volunteer. It doesn't matter what experience or skills you have, what background you're from or how much time you can commit – everyone has something to give.

We have some great opportunities for you to help support young children and their families to achieve their potential. We run a number of different projects, so if volunteering is something you would like to do, we have a role for you! You can find more details about our work by visiting our website.

