



This is a project for young mothers aged 14 to 24 years old. Young mothers will receive 1-2-1 support and will have the opportunity to attend parenting classes and learn valuable skills for supporting their children.

The Young Mother's Project will help you with the following:

- 1-2-1 Support
- Contraception Awareness / Sexual Health Advice
- Counselling Referral Service
- Budgeting / Welfare Advice
- Professional Emotional Support
- Domestic Abuse Support
- Support In Meetings
- Referrals To Other Agencies



LET US SUPPORT YOU  
WITH BEING A MUM



**CONTACT US:**

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