

The Service is free and confidential; It is appointment based to meet both the needs of those working or unemployed.



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Fathers Luton

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TOKKO YOUTH SPACE

LUTON

BEDFORDSHIRE

LU12QP

01582 544990

Are you a young parent up to the age of 24?

do you need support?

contact the young

parents team

01582 544990

tokko.co.uk



Public Health
England





YOUNG FATHERS PROJECT



If you are a young mother or mother to be aged 14-24 years old and need help in the following areas, get in touch:

- 1-2-1 Support
- Contraception Awareness / Sexual Health Advice
- Counselling Referral Service
- Budgeting / Welfare Advice
- Professional Emotional Support
- Domestic Abuse Support
- Support In Meetings
- Referrals to other Agencies

Contact Nikki on: 01582 544990

E-mail: nicola.bennett@tokko.co.uk

If you are a young father or father to be aged 14-24 years old and need help in the following areas, get in touch:

- 1-2-1 Support
- Preparing for Employment
- Budgeting / Money Advice
- Benefit Welfare Advice
- Parenting Skills
- CV Writing Support
- Counselling support
- Advocacy (Help and support at meetings)

Contact Neil on: 01582 544990

E-mail: neil.hannah@tokko.co.uk

Are you a young parent up to 24 years with children 0-2 years

Every Wednesday from 12:30pm—14:30pm

A young parent and toddler group where you can:

- Socialise With Other Young Parents
- Play With Your Children In a Fun, Safe Environment and Make New Friends.
- Importance of Learning Through Play

Healthy Snacks Are Provided With Water And Squash

Contact Dani on: 01582 544990

E-mail: danielle.kavanagh@tokko.co.uk