

Flying Start Baby Timetable

Children's Centre Activities for up to 12 months

Monday	Tuesday	Wednesday	Thursday	Friday
Baby Massage* for 0 to 6 months Venue: Dallow Time: 1pm to 2pm Cost: £10 per course Call 01582 616604 to book	Child Health Clinic for 0 to 5 years Venue: Limbury Time: 9.15am to 10.45am No charge	Child Health Clinic for 0 to 5 years Venue: Blenheim Time: 9.15am to 11am No Charge	Child Health Clinic for 0 to 5 years Venue: Redgrave Time: 9.15am to 10.45am No charge	Child Health Clinic for 0 to 5 years Venue: Pastures Way Time: 9.15am to 10.45am No Charge
Think Baby for 0 to 12 months Venue: Leagrave Time: 1pm to 2:30pm Cost: £1 per family	Baby Talk for up to 12 months Venue: Stopsley Time: 10am to 11.30am Cost: £1 per family	Child Health Clinic for 0 to 5 years Venue: Leagrave Time: 9.30am to 11am No Charge	Take 5 Café for 0 to 6 months Venue: Redgrave Time: 9.30am to 11am No Charge	Take 5 Café for 0 to 6 months Venue: Pastures Way Time: 9.30am to 10.30am No charge
Child Health Clinic for 0 to 5 years Venue: The Mall Time: 1pm to 3pm No charge	Baby Massage* for 0 to 6 months Venue: Hart Hill Time: 10.30am to 12 noon £10 per course To book call 01582 731701	Take 5 Café for 0 to 6 months Venue: Leagrave Time: 9.30am to 10.30am No charge	Baby Massage* for 0 to 6 months Venue: Park Town Time: 10am to 12 noon £10 per course To book call 01582 482957	Play and Learn for 0 to 12 months Venue: Cheynes Time: 10.30am to 12 noon
Baby and Toddler Group for 0 to 2s Venue: Grasmere Time: 1.15pm to 2.45pm Cost: £1 per family	Child Health Clinic for 0 to 5 years Venue: Stopsley Time: 1pm to 2.30pm No Charge	Think Baby for 0 to 12 months Venue: The Mall Time: 10am to 11.30am Cost: £1 per family	Baby Massage* for 0 to 6 months Venue: Limbury Time: 10am to 11am £10 per course To book call 01582 546925	Baby Massage* for 0 to 6 months Venue: Pastures Time: 10.45am to 11.45am Cost: £10 per course To book call 01582 616604
Take 5 Café for 0 to 6 months Venue: Dallow Time: 2pm to 3pm No charge	Take 5 Café for 0 to 6 months Venue: Stopsley Time: 1pm to 2.30pm No charge	Baby and Me ESOL Class for 0 to 6 months Venue: Dallow Time: 10am to 11am Cost: £1 per family	Take 5 Café for 0 to 6 months Venue: The Mall Time: 1pm to 2.30pm No charge	Baby Massage* for 0 to 6 months Venue: Leabank Time: 1pm to 2.30pm £10 per course To book call 01582 546925



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	<p>Baby Massage/Yoga* for 0 to 6 months Venue: Grasmere Time: 1.30pm to 2.30pm £10 per course To book call 01582 593426</p>	<p>Baby Massage* for 0 to 6 months Venue: Stopsley Time: 10.30am to 11.30am £10 per course To book call 01582 393440</p>	<p>Getting to Know Your Baby for 0 to 3 months- 3 weeks Venue: Leagrave Time: 1pm to 2:30pm Start date: 15/11</p>	<p>Baby Talk for up to 12 months Venue: Park Town Time: 1pm to 2.30pm Cost: £1 per family</p>
	<p>Think Baby for 0 to 12 months Venue: Leabank Time: 1pm to 2.30pm Cost: £1 per family</p>	<p>Baby Massage* for 0 to 6 months Venue: Leagrave Time: 10.45am to 11.45am Cost: £10 per course To book call 01582 616604</p>	<p>Child Health Clinic for 0 to 5 years Venue: Whipperley Time: 1.30pm to 2.45pm No charge</p>	<p>Baby Talk for up to 12 months Venue: Beech Hill Time: 1.15pm to 2.30pm Cost: £1 per family</p>
		<p>Baby Massage* for 0 to 6 months Venue: Blenheim Time: 12.45pm to 1.30pm Cost: £10 per course To book call 01582 393440</p>		<p>Baby Yoga* for 0 to 6 months Venue: Leabank Time: 1.30pm to 2.30pm £10 per course To book call 01582 546925</p>
		<p>Think Baby for 0 to 12 months Venue: Blenheim Time: 1.30pm to 2.45pm Cost: £1 per family</p>		<p>Play and Learn for babies for 0 to 12 months Venue: Dallow Time 1.30pm to 2.30pm</p>

* Booking required. Specific dates to be confirmed on booking.

For more information and venue details please visit www.flyingstartluton.com/childrenscentres