

Flying Start North

Children's Centre Activities 7 January to 5 April 2019
(term time only) All groups £1 per family unless stated

Monday	Tuesday	Wednesday	Thursday	Friday
Stay and Play for children under 5 Venue: Cheynes Time: 9am to 10.30am	Stay and Play for children under 5 Venue: Leabank Time: 9.30am to 11am	Mini Music Makers for 0 to 3 years Venue: Cheynes Time: 9am to 10.15am	Child Health Clinic <input type="checkbox"/> for 0 to 5 years Venue: Redgrave Time: 9.15am to 10.45am No charge	Stay and Play for children under 5 Venue: Limbury Time: 9.30am to 11am
Stay and Play for children under 5 Venue: St Augustine's Time: 9.30am to 11am From 14/1	Child Health Clinic <input type="checkbox"/> for 0 to 5 years Venue: Limbury Time: 9.15am to 10.45am No charge	Messy Play for 6 months+ Venue: Leabank Time: 9.30am to 11am	Take 5 Café for 0 to 6 months Venue: Redgrave Time: 9.30am to 11am Except when Starting Solids is on at Redgrave. No charge	Stay and Play for children under 5 Venue: Grasmere Time: 9.30am to 11am
Functional Skills Maths* Adult Learners (no crèche) Venue: Redgrave Time: 9.30am to 12 noon No charge To book call 01582 490033	Parenting Puzzle Course* Venue: Redgrave Time: 9.30am to 11.30am Course starts 5/3 No charge	Functional Skills Maths* Adult Learners (no crèche) Venue: Redgrave Time: 9.30am to 12 noon No charge To book call 01582 490033	Stay and Play for children under 5 Venue: Grasmere Time: 9.30am to 11am	Starting Solids <input type="checkbox"/> Workshop* for 0 to 6 months Venue: Leabank Time: 1pm to 2.30pm 22 Feb No charge
Functional Skills English* Adult Learners (no crèche) Venue: Redgrave Time: 12.45pm to 2.45 pm No charge To book call 01582 490033	Baby Massage/ Yoga* for 0 to 6 months Venue: Grasmere Time: 1.30pm to 2.30pm £10 per 5 week course To book call 01582 593426	Hartbeeps, Happy House^ for Walkers and Younger Siblings Venue: Redgrave Time: 9.45am to 10.30am To book call 07735572828 £30 per 5 week course	Starting Solids Workshop* for 0 to 6 months Venue: Redgrave Time: 9.30am to 11am 24 Jan No charge	Play and Learn for 0 to 12 months Venue: Cheynes Time: 10.30am to 12 noon

*Booking required = Delivered in partnership with Cambridgeshire Community Services NHS Trust

^ Hartbeeps sensory groups are run by a private provider. Advance booking is required. For more information about these groups and to book go to

<https://www.hartbeeps.com/luton-and-dunstable>



Luton

Monday	Tuesday	Wednesday	Thursday	Friday
Baby and Toddler Group for 0 to 2 years Venue: Grasmere Time: 1.15pm to 2.45pm	Bump to Babe* □ for 25+ weeks pregnant Venue: Redgrave Time: 3.30pm to 5.30pm No charge To book call 01582 548356	Hartbeeps, Baby Beeps ^ for Sitters to Toddlers Venue: Redgrave Time: 10.45am to 11.30am To book call 07735572828 £30 per 5 week course	Feeding Your Newborn* □ from 24+ weeks pregnant Venue: Redgrave Time: 1pm to 2.30pm Call 03334050087 to book No charge	Baby Massage* Venue: Leabank Time: 1pm to 2.30pm Starts 11/1 £10 per 5 week course
Pregnancy Club*- First Monday of the month for women only Venue: Limbury Time: 4pm to 6pm Dates: 7/1, 4/2, 4/3, 1/4 No charge	Think Baby for 0 to 12 months Venue: Leabank Time: 1pm to 2.30pm From 23/1	Hartbeeps, Baby Bells ^ for Newborn to Sitters Venue: Redgrave Time: 12 noon to 12.45pm To book call 07735572828 £30 per 5 week course	Mini Music Makers for 6 months + Venue: Limbury Time: 1pm to 2pm	
		Functional Skills English* Adult Learners (no crèche) Venue: Redgrave Time: 12.45pm to 2.45pm No charge To book call 01582 490033	Stay and Play for children under 5 Venue: Cheynes Time: 1.30pm to 3pm	
		Baby Massage* Venue: Cheynes Time: 1pm to 2.30pm Start date TBC To book call 01582 617800 £10 per 5 week course		

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***Where booking is required please call 01582 546925 unless otherwise stated.** For health and safety reasons all venues have a limit on the number of people allowed. Prompt arrival is advised, however places cannot be reserved and admittance cannot be guaranteed. More information about courses is available at www.flyingstartluton.com.

Please follow us on Facebook for the latest information: www.facebook.com/FlyingStartNorthLuton

Venue addresses and contact information

Limbury

Address: Icknield Pavilion, Limbury Fields, Icknield Way, Luton, LU3 2JR

Contact: 01582 546925

St Augustine's Church (next to Limbury)

Address: 215 Icknield Way Luton, LU3 2JR

Contact: via Limbury 01582 546925

Leabank

Address: Community Room (within Gill Blowers Nursery), Ground Floor, Leabank, Wauluds Bank Drive, LU3 3LW

Contact: 01582 565797

Redgrave

Address: Redgrave Gardens, Luton, LU3 3QN

Contact: 01582 556661

Email us on: flyingstartnorth@luton.gov.uk

Addresses of partner schools where activities for under 5s are offered

Cheynes

Address: Cranbook Drive, Luton, LU3 3EW

Contact: 01582 617800

Grasmere

Address: Icknield Way, Luton, LU3 2BT

Contact: 01582 593426