

Monday	Tuesday	Wednesday	Thursday	Friday
Stay and Play for children under 5 Venue: The Mall Time: 9.30am to 11am Entry tokens given from 9am to secure place	Family Learning* Venue: The Mall Time: 9.30am to 11.30am No charge	Bump to Babe* <input type="checkbox"/> for 25+ weeks pregnant Venue: The Mall Time: 9.30am to 11.30am No charge To book call 01582 548356	Stay and Play for children under 5 Venue: Whipperley Time: 9am to 10.30am	Nurturing Programme* Venue: The Mall Time: 9.30am to 11.30am No charge To book call 01582 548336
Stay and Play for children under 5 Venue: Park Town Time: 10am to 11.30am	Toddler Time for 12 to 24 months Venue: Park Town Time: 9.30am to 11am	Play and Learn for 12 months to 3 years Venue: Park Town Time: 10am to 11.30am	Play and Learn for children under 5 Venue: St. Francis Parish Time: 9.30am to 11am	Stay & Play for children under 5 Venue: Park Town Time: 10am to 11.30am
Starting Solids Workshop* <input type="checkbox"/> Venue: Whipperley Time: 1pm to 2.30pm No charge Session on 11/2	Henry Programme* Venue: The Mall Time: 12.45pm to 2.45pm No charge To book call 01582 548336	Think Baby for 0 to 12 months Venue: The Mall Time: 10am to 11.30am	New B's Café for breastfeeding mothers Venue: Luton Central Library- Well + Wise Space Time: 9.30am to 11am No charge	Starting Solids Workshop* <input type="checkbox"/> Venue: The Mall Time: 10am to 11.30am No charge Sessions on 10/1, 28/2
Baby Massage* Venue: Park Town Time: 1pm to 2.30pm £10 per 5 week course	Stay and Play for children under 5 Venue: St. Francis Parish Church Time: 1pm to 2.30pm		Think Bump* for 20+ weeks pregnant Venue: The Mall Time: 10am to 12 noon No charge Course starts 17/1 or 7/3 To book call 01582 548356	Messy Play for children under 5 Venue: The Mall Time: 1pm to 2.30pm Please bring a change of clothes for your child Entry tokens given from 12.30pm to secure place

* Booking required = Delivered in partnership with Cambridgeshire Community Services NHS Trust



Monday	Tuesday	Wednesday	Thursday	Friday
Child Health Clinic <input type="checkbox"/> for 0 to 5 years Venue: The Mall Time: 1pm to 3pm No charge	Dance Explorers for children over 12 months Venue: Park Town Time: 1.30pm to 2.15pm		Feeding your Newborn* <input type="checkbox"/> for 24+ weeks pregnant Venue: The Mall Time: 1pm to 2.30pm No charge To book call 0333 405 0087	Baby Talk for up to 12 months Venue: Park Town Time: 1pm to 2.30pm
			Take 5 Café for 0 to 6 months Venue: The Mall Time: 1pm to 2.30pm No charge	Getting to Know Your* Baby for 0 to 3 months Venue: St Francis Parish Church Time: 1pm to 2.30pm No charge
			Stay and Play for children under 5 Venue: St. Francis Parish Church Time: 1pm to 2.30pm	
			Child Health Clinic <input type="checkbox"/> for 0 to 5 years Venue: Whipperley Time: 1.30pm to 2.45pm No charge	

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***Where booking is required please call 01582 482957 unless otherwise stated.** For health and safety reasons all venues have a limit on the number of people allowed. Prompt arrival is advised, however places cannot be reserved and admittance cannot be guaranteed. The Mall venue is an exception to this rule due to its popularity. Tokens will be issued from 9am or 12.30pm on a first come first served basis for parents to return at 9.30am or 1pm with a secured place. More information about courses is available at www.flyingstartluton.com. Please follow us on Facebook for the latest information: www.facebook.com/FlyingStartSouthLuton

Venue addresses and contact information

Park Town

Address: Bailey Street, LU1 3DU

Contact: 01582 482957

The Mall

Address: Unit 3G & 4G, The Gallery, LU1 2TW

Contact: 01582 457006

Whipperley

Address: Whipperley Ring, LU1 5QY

Contact: 01582 451339

St. Francis Parish Church

Address: Carteret Road, LU2 9JZ

Email us on: flyingstartsouth@luton.gov.uk

Address of partner school where activities for under 5s are offered

Hart Hill Nursery

Address: Whitecroft Road, LU2 0JS

(entrance via Haddon Road)

Contact: 01582 731701