

Flying Start Baby Timetable

Children's Centre Activities for up to 12 months (Term time only)

Monday	Tuesday	Wednesday	Thursday	Friday
Baby Massage* for 0 to 6 months Venue: Dallow Time: 1pm to 2pm Cost: £10 per course Call 01582 616604 to book	Child Health Clinic for 0 to 5 years Venue: Limbury Time: 9.15am to 10.45am No charge	Child Health Clinic for 0 to 5 years Venue: Blenheim Time: 9.15am to 11am No Charge	Child Health Clinic for 0 to 5 years Venue: Redgrave Time: 9.15am to 10.45am No charge	Child Health Clinic for 0 to 5 years Venue: Pastures Way Time: 9.15am to 10.45am No Charge
Think Baby for 0 to 12 months Venue: Leagrave Time: 1pm to 2:30pm Cost: £1 per family	Baby Talk for up to 12 months Venue: Stopsley Time: 10am to 11.30am Cost: £1 per family	Child Health Clinic for 0 to 5 years Venue: Leagrave Time: 9.30am to 11am No Charge	Take 5 Café for 0 to 6 months Venue: Redgrave Time: 9.30am to 11am No Charge	Take 5 Café for 0 to 6 months Venue: Pastures Way Time: 9.30am to 10.30am No charge
Child Health Clinic for 0 to 5 years Venue: The Mall Time: 1pm to 3pm No charge	Child Health Clinic for 0 to 5 years Venue: Stopsley Time 1pm to 2.30pm No Charge	Take 5 Café for 0 to 6 months Venue: Leagrave Time: 9.30am to 10.30am No charge	New B's Café for breastfeeding mothers Venue: Luton Library Time: 9.30am to 11am No charge	Play and Learn for 0 to 12 months Venue: Cheynes Time: 10.30am to 12 noon Cost: £1 per family
Baby and Toddler Group for 0 to 2 years Venue: Grasmere Time: 1.15-pm to 2.45pm Cost: £1 per family	Take 5 Café for 0 to 6 months Venue: Stopsley Time: 1pm to 2.30pm No charge	Think Baby for 0 to 12 months Venue: The Mall Time: 10am to 11.30am Cost: £1 per family	Take 5 Café for 0 to 6 months Venue: The Mall Time: 1pm to 2.30pm No charge	Baby Massage* for 0 to 6 months Venue: Pastures Time: 10.45am to 11.45am Cost: £10 per course To book call 01582 616604
Baby Massage* for 0 to 6 months Venue: Park Town Time: 1pm to 2.30pm £10 per course To book call 01582 482957	Baby Massage/Yoga* for 0 to 6 months Venue: Grasmere Time: 1.30pm to 2.30pm £10 per course To book call 01582 593426	Baby and Me ESOL Class for 0 to 6 months Venue: Beechwood Time: 10am to 11am Cost: £1 per family	Getting to Know Your Baby for 0 to 3 months- 3 weeks Venue: Leagrave Time: 1pm to 2:30pm Cost: £1 per family	Baby Massage* for 0 to 6 months Venue: Leabank Time: 1pm to 2.30pm £10 per course To book call 01582 546925



Children's Centre Activities for up to 12 months

<p>Baby Massage* for 0 to 6 months Venue: Stopsley Time: 10.30am to 11.30am £10 per course To book call 01582 393440</p>	<p>Think Baby for 0 to 12 months Venue: Leabank Time: 1pm to 2.30pm Cost: £1 per family</p>	<p>Hartbeeps, Baby Bells* for Newborn to Sitters Venue: Redgrave Time: 12 noon to 12.45pm To book call 07735572828 £30 per 5 week course</p>	<p>Child Health Clinic for 0 to 5 years Venue: Whipperley Time: 1.30pm to 2.45pm No charge</p>	<p>Baby Talk for up to 12 months Venue: Park Town Time: 1pm to 2.30pm Cost: £1 per family</p>
		<p>Baby Massage* for 0 to 6 months Venue: Blenheim Time: 12.30pm to 1.30pm Cost: £10 per course To book call 01582 393440</p>	<p>Baby Massage* for 0 to 6 months Venue: Leagrave Time: 10.45am to 11.45am Cost: £10 per course To book call 01582 616604</p>	<p>Getting to Know Your Baby for 0 to 3 months- 3 weeks Venue: St Francis Time: 1pm to 2:30pm Cost: £1 per family</p>
		<p>Think Baby for 0 to 12 months Venue: Blenheim Time: 1.30pm to 2.45pm Cost: £1 per family</p>		<p>Baby Talk for up to 12 months Venue: Beech Hill Time: 1.15pm to 2.30pm Cost: £1 per family</p>
				<p>Baby Massage* for 0 to 6 months Venue: Dallow Time: 1.30pm to 2.30pm Cost: £10 per course Call 01582 616604 to book</p>

* Booking required. Specific dates to be confirmed on booking.

For more information and venue details please visit www.flyingstartluton.com/childrenscentres