



## Flying Start Children's Centre (ALL)

## Children's Centre Activities 9 November 2020 to 18 December 2020 (Term time only)

- All sessions are FREE (No Charge) unless otherwise stated
- 'Family Support' means a FS children's centre member of staff is on site to offer help and support
- Please do not attend the centre without an appointment – you can email or ring for an appointment
- **Booking is required** for our group sessions, please contact the Children's Centre direct unless otherwise stated.
- Healthy Start Vitamins Charges: £2 for drops; £1 for tablets (Please have the correct change available)
- For health and safety reasons all venues have a limit on the number of people allowed
  - Numbers at courses will comply with strict social distancing measures
- Face coverings are required for the protection of yourself and others, unless you are exempt. Babies and children are exempt.
- More information about courses is available at [www.flyingstartluton.com](http://www.flyingstartluton.com)
- Please follow us on Facebook or contact us on the details below for the latest information.

### Venue Address and Contact Information

<b>Flying Start Central</b>	 @FlyingStartCentralLuton	 <a href="mailto:flyingstartcentral@luton.gov.uk">flyingstartcentral@luton.gov.uk</a>	 01582 393440
Beech Hill Primary, Dunstable Road, LU4 8BW			
<b>Flying Start South</b>	 @FlyingStartSouthLuton	 <a href="mailto:flyingstartsouth@luton.gov.uk">flyingstartsouth@luton.gov.uk</a>	 01582 546929
Park Town - Bailey Street, LU1 3DU			
<b>Flying Start West</b>	 @FlyingStartWestLuton	 <a href="mailto:flyingstartwest@luton.gov.uk">flyingstartwest@luton.gov.uk</a>	 01582 546932
Flying Start West Neighbourhood Hub – Dallow Road, Luton, LU1 1LZ Pastures Way Nursery School – Pastures Way, LU4 0PE *Healthy Start Vitamins available here- 8.30am to 4pm, Mon to Fri*			
<b>Flying Start North</b>	 @FlyingStartNorthLuton	 <a href="mailto:flyingstartnorth@luton.gov.uk">flyingstartnorth@luton.gov.uk</a>	 01582 546925
Limbury - Icknield Pavilion, Limbury Fields, Icknield Way, LU3 2JR			



All information correct at time of publication – 9 November 2020

## Flying Start Children's Centre Activities (Including ONLINE sessions)

**Children's Centres Activities 9 November to 18 December 2020**  
(Term time only) All sessions are FREE unless otherwise stated  
\*Booking is required (You will be sent joining instructions after)

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Family Support and Vitamin Collection*</b> Venue: Dallow Time: 9.30am to 2pm	<b>Family Support and Vitamin Collection*</b> Venue: Park Town Time: 10am to 2pm		<b>Family Support and Vitamin Collection*</b> Venue: Limbury Time: 9.15am to 2.30pm	
<b>Family Support and Vitamin Collection*</b> Venue: Beech Hill Time: 10am to 2pm	<b>Family Support and Vitamin Collection*</b> Venue: Beech Hill Time: 10am to 2pm	<b>Family Support and Vitamin Collection*</b> Venue: Beech Hill Time: 10am to 2pm	<b>Family Support and Vitamin Collection*</b> Venue: Beech Hill Time: 10am to 2pm	<b>Family Support and Vitamin Collection*</b> Venue: Beech Hill Time: 10am to 2pm
<b>ZOOM Luton Bumps on Zoom* for pregnant women</b> Time: 1pm to 2pm Email <a href="mailto:flyingstartparenting@luton.gov.uk">flyingstartparenting@luton.gov.uk</a> 23 Nov, 7 and 21 Dec	<b>ZOOM Parenting Puzzle*</b> Details TBC Email Flying Start <b>Central</b>	<b>ZOOM Baby Talk* Songs, Signs and Rhymes for 0 to 12 months</b> Time: 1pm to 1.30pm Email Flying Start <b>Central</b>	<b>ZOOM English Class*</b> Time: 11 to 12.20pm Email Flying Start <b>Central</b>	
	<b>ZOOM Baby Talk* Songs, Signs and Rhymes for 0 to 12 months</b> Time: 11 to 11.30am Email Flying Start <b>Central</b>	<b>Facebook Live (FSLuton) Rhyme Time</b> Time: 2pm to 2.30pm	<b>ZOOM Baby Talk* Songs, Signs and Rhymes for 0 to 12 months</b> Time: 11 to 11.30am Email Flying Start <b>Central</b>	
	<b>ZOOM English Class*</b> Time: 11 to 12.20pm Email Flying Start <b>Central</b>		<b>Facebook Live (FSLuton) Rhyme Time</b> Time: 11.30 to 12 noon	
	<b>ZOOM Baby Talk* Songs, Signs and Rhymes for 0 to 12 months</b> Time: 1.30pm to 2.00pm Email Flying Start <b>South</b>		<b>ZOOM Baby Talk* Songs, Signs and Rhymes for 0 to 12 months</b> Time: 1.30pm to 2.00pm Email Flying Start <b>South</b>	

Flying Start CENTRAL
Flying Start SOUTH
Flying Start WEST
Flying Start NORTH

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**Luton**

Flying Start

