

**TALKING
TAKES OFF**

Supporting Your Child's
Communication and
Language Development



flyingstartluton.com/talkingtakesoff



Luton

Pre-Birth

- Start of baby's speech and language journey
- Respond to my movements to help us connect
- Talk to me, I like to hear your voice

0-1 Year Old

- Talk to me, I'm starting to learn words used regularly
- I am beginning to play with sounds I can make

1-2 Years Old

- I can say a few words, join some words together and find things that you ask me for

Pre-birth

- **Flying Start Offer**
 - Pregnancy Club
 - Luton Bumps on Zoom
 - Solihull Online courses

0-2 Years Old

- **Community Health Services offer:**
 - Child Health Clinics
 - Child Development check (1 year old)
 - Hearing Checks
- **Flying Start Centres offer a wide range of sessions supporting early language and communication**
- **Early Education and Childcare offer**
- **Online support including:**
 - 'Solihull' Online Parenting course
 - SALT website and Facebook
 - Talking Takes Off website pages
- **Library services that include**
 - Bookstart
 - FREE Bookstart packs
 - Rhyme Time

0-5 Years Old

- **Community Health Services offer**
 - Child Health Clinics
 - Child Development checks (1 and 2 - 2.5 years old)
 - Nursery Nurse support
 - Referral to Audiology for children with hearing concerns
- **Flying Start Centres offer a wide range of sessions supporting early language, communication and development that include:**
 - Flying Start Opportunities Groups
 - Flying Start Little Talkers Groups
 - Talking Takes Off sessions with a Speech and Language Therapist
- **Early Education and Childcare offers include**
 - Time for Two's
- **Support by Luton Special Educational Needs Service for children in an early years setting**

2-3 Years Old

- I use and understand up to 200 words and am starting to build short sentences
- I am learning new words every day

3-4 Years Old

- My sentences are getting more complex now, although I may stumble over some words and sounds

4-5 Years Old

- I have lots of questions, and can tell you about things I am doing
- Talk to me, I can understand longer sentences

2-3 Years Old

- Flying Start offer a wide range of sessions that support early language and communication development
- Community Health Services offer a child development check at 2-2.5yrs
- Early Education and Childcare offer
- Online support including:
 - 'Solihull' Online Parenting course
 - SALT website and Facebook
 - Talking Takes Off website pages
- Library services including
 - Bookstart
 - Rhyme Time sessions

3-5 Years Old

- Flying Start offer a wide range of sessions supporting early language and communication.
- Library services that include:
 - Rhyme Time sessions
- Early Education and Childcare offer
 - FREE 15 hours funding for 3 and 4 year old children
- Online support including:
 - 'Solihull' Online Parenting course
 - SALT website and Facebook
 - Talking Takes Off website pages

0-5 Years Old

- Referral to Speech and Language Therapy Service (SALT)
- Referral to Edwin Lobo Centre for Child Development
- Parents workshops while waiting for appointments at the Edwin Lobo Centre
- Early Education and Childcare offer places in maintained nurseries and early years settings
- Support by Luton Special Educational Needs Service for children in an early years setting
- Range of parent support groups available including SMARTI, Together and Little Seeds
- Bookstart Book Shine, Book Touch or Book Star specialist Packs

Colour Key

Green

For everyone

Yellow

For those needing a little extra help

Orange

Specialist support

TALKING TAKES OFF

Self-Help Checklist

If you are concerned about your child's speech or language development check the following:

- Have you discussed your concerns with your health visiting team, preschool or school staff? They will be able to give you advice about typical development and some strategies to try. They are also trained to make decisions around referrals to a wide range of agencies.
- Have you followed the advice and tips upon the Talking Takes Off and the local Speech and Language Therapy websites?
 - www.flyingstartluton.com/talkingtakesoff
 - www.childspeechbedfordshire.nhs.uk
- Have you taken your child to local groups which support language development? For example: Flying Start Centres, toddler group, library.

- Have you helped your child (over 12 months old) to get rid of their dummy and bottle?
- Does your child have opportunities to play with other children of a similar age?

Do you:

- Regularly read stories with your child?
- Praise and respond to all the ways in which your child communicates with you, for example pointing and showing you things? Make sure you give your child time to let you know what they want.
- Make time to play and have fun with your child, letting them choose the toy and how to play? Try to have quiet times where there is no T.V/music on whilst you play.

For more information

For Flying Start services - see
www.flyingstartluton.com

For information on other services, please go to
www.Luton.gov.uk/localoffer

Or speak to your Health Visitor or Nursery Nurse
Health Visitor Duty Desk 0300 555 0606



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