



# Flying Start Luton Activities

**29 May to 2 June 2023**

(Half Term Holidays)

**\*BOOKING IS REQUIRED UNLESS IT SAYS (DROP IN)**  
**Email:**  
[flyingstart@eyalliance.org.uk](mailto:flyingstart@eyalliance.org.uk)  
**Call:**  
 01582 368245

**VENUES** *Please do not just turn up unless it says (Drop In)!*

- Flying Start in **Foxcubs** Nursery on Runley Road (LU1 1TZ)
- Flying Start in **Pastures** Way Nursery on Pastures Way (LU4 0PE)
- **Farley Community Centre** on Delphine Close (LU1 5RE)
- **Futures House**, The Moakes (LU3 3QB)

*PARK TOWN (LU1 3DU) WILL BE CLOSED FOR DECORATING THIS WEEK*

**ALL CENTRE SESSIONS COST £1 \*CASH ONLY\***

New to Flying Start? Register here: <https://www.flyingstartluton.com/flying-start-parent-enquiry-form/>

More information will be available at: [www.flyingstartluton.com](http://www.flyingstartluton.com)

Check out our Social Media! Facebook: [@FSLuton](https://www.facebook.com/FSLuton) Twitter: [@FS\\_Luton](https://twitter.com/FS_Luton) and Instagram: [flyingstartluton](https://www.instagram.com/flyingstartluton)

**Healthy Start Vitamins** (£2 Drops, £1 Tablets or Free with HS Card)

Available at Park Town, Mon to Fri 9am to 3pm (Term-time)  
 ...and other venues when sessions running! **\*CASH ONLY\***

Monday	Tuesday	Wednesday	Thursday	Friday
<b>*BANK HOLIDAY*</b> <b>NO SESSIONS RUNNING</b>	<b>Parent Baby Self-Weighing (Drop In) *FREE*</b> <i>for under 2s</i> <b>Every week</b> <b>Time:</b> 9.15am to 11.15am <b>@ Farley Centre (LU1 5RE)</b>	<b>NO SESSIONS RUNNING</b>	<b>Early Days Postnatal Group*</b> <i>for under 1s</i> <b>Every week</b> <b>Time:</b> 10.30am to 11.30am <b>@ Foxcubs (LU1 1TZ)</b>	<b>Parent Baby Self- Weighing (Drop In) *FREE*</b> <i>for under 2s</i> <b>Every Week</b> <b>Time:</b> 9.30am to 11.30am <b>@ Pastures (LU4 0PE)</b>
	<b>Early Days Postnatal Group (Drop In)</b> <i>for under 1s</i> <b>Every week</b> <b>Time:</b> 10am to 11am <b>@ Farley Centre (LU1 5RE)</b>			<b>Breastfeeding Café (Drop In) *FREE*</b> <b>Every Week</b> <b>Time:</b> 9.30am to 11.30am <b>@ Pastures (LU4 0PE)</b>
	<b>Oral Health Pop Up Sessions *FREE*</b> <i>for under 8s</i> <b>30 May Only</b> <b>Time:</b> 9.30am to 12.30pm and 1.30pm to 4.30pm <b>@ Futures House (The Moakes, LU3 3QB)</b>			

**NOTES**

**SEE THE LATEST TIMETABLES ON OUR WEBSITE! PLEASE SCAN THE QR CODE:**

**PLEASE NOTE:** Unfortunately **OLDER children won't be allowed to join** these baby groups/sessions with you during the holidays!  
*Please find groups suitable for all ages, more options may be available from Luton Adult Learning and Libraries.*



Foxcubs	Park Town	Pastures Way	Farley CC	Online- ZOOM	Other Venue
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*Subject to change. All information correct at time of publication – 17 May 2023*