



Flying Start Luton Activities

15 to 22 December 2025

(Festive Period Timetable)



***BOOKING IS REQUIRED**
UNLESS IT SAYS **(DROP IN)**
Email/Call: **01582 368245**
flyingstart@eyalliance.org.uk



Venue Address

- Park Town** Family Hub, Bailey Street (LU1 3DU)
- Flying Start in **Pastures Way** Nursery, Pastures Way (LU4 OPE)
- Hockwell Ring** Family Hub, Mayne Ave (LU4 9LB)
- St Francis Church**, Carteret Rd (LU2 9JZ)
- Luton Central Library**, St George's Square (LU1 2NG)
- Flying Start Family Hub at **Foxcubs Nursery**, Runley Road (LU1 1TZ)
- Bushmead Hub**, Hancock Drive (LU2 7SF)
- The Olive Tree Church**, Blenheim Crescent (LU3 1HB)
- Whipperley Infant Academy**, Family Hub (LU1 5QY)
- Red Cross**, 232 Dunstable Road (LU4 8JL)
- Stopsley Community Primary School Family Hut** (LU2 7UG)
- Bramingham Primary School**, Freeman Avenue (LU3 4BL)



Icon Key:



Antenatal (Pregnancy)



Breastfeeding Support



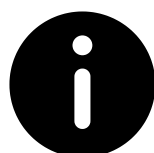
Baby Weighing



Baby Groups



Toddler Groups



New to Flying Start? Register here <https://www.flyingstartluton.com/family-joining-form/>

More information will be available at: www.flyingstartluton.com

Check out our Social Media! Facebook: [@FSLuton](#) and Instagram: [flyingstartluton](#)

MONDAY 15 DECEMBER

Baby Weighing (under 2s), Sensory Play (3m+) and Parent Chat (Drop In- FREE) Time: 9.15am to 10.30am @ Stopsley Primary	Stay and Play (£2) - (Drop In) <i>for under 5s</i> Time: 9.30am to 10.45am @ Pastures	Little Explorers (£2)*- Booking Required <i>for new walkers under 2</i> Time: 10am to 11am @ Hockwell	Early Days (Drop In) <i>FREE for parents of 0 to 4 months</i> Time: 1pm to 2.30pm @ Central Library
Baby Weighing and Breastfeeding Support and Social Group (Drop In) <i>FREE for parents of under 2s</i> Time: 1pm to 2.30pm @ Central Library	Antenatal/ Postnatal Parent Chat (Drop in) <i>FREE for antenatal and postnatal parents</i> Time: 9.30am to 3.30pm @ Central Library	Stay and Play (£2)*- Booking Required <i>for under 5s</i> Time: 1.15pm to 2.30pm @ Olive Tree Church	Stay and Play (£2)*- Booking Required <i>for under 5s</i> Time: 2pm to 3pm @ Bramingham Primary

TUESDAY 16 DECEMBER

Sensory Play (£2)* - Booking Required <i>for non-walkers 3 months +</i> Time: 10am to 11am @ Pastures	Mini Movers (£1 per child)*- Booking Required <i>for confident walkers over 1 and under 3</i> Time: 9.45am to 10.30am / 10.45am to 11.30am @ Central Library	Early Days Postnatal Group (Drop In) <i>FREE for parents of 0 to 4 months</i> Time: 1pm to 3pm @ Hockwell	Baby Weighing and Breastfeeding Support & Social Group (Drop In) <i>FREE for under 2s</i> Time: 1pm to 3pm @ Hockwell
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WEDNESDAY 17 DECEMBER

Little Explorers (£2)- Booking Required <i>for new walkers under 2</i> Time: 10am to 11am @ Foxcubs	Sensory Play (£2)* - Booking Required <i>for non-walkers 3 months +</i> Time: 1pm to 2pm OR 2.15pm to 3.15pm @ Central Library	Play and Learn (£2)- Booking Required <i>for under 5s</i> Time: 1.30pm to 2.30pm @ Hockwell	Rhyme and Play Time (Drop In) <i>Free for under 5s</i> Time: 1.30pm to 2.30pm @ Red Cross
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THURSDAY 18 DECEMBER

Early Days (Drop In) <i>FREE for parents of 0 to 4 months</i> Time: 9.30am to 11.30am @ St Francis	Baby Weighing and Breastfeeding Support and Social Group (Drop In) <i>FREE for parents of under 2s</i> Time: 9.30am to 11.30am @ St Francis	Sensory Play (£2)* - Booking Required <i>for non-walkers 3 months +</i> Time: 9.30am to 11.30am @ St Francis	Mini Movers (£1 per child)*- Booking Required <i>for confident walkers over 1 and under 3</i> Time: 10.45am to 11.30am @ St Francis
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FRIDAY 19 DECEMBER

Early Days (Drop In) <i>FREE for parents of 0 to 4 months</i> Time: 1pm to 2.30pm @ Pastures	Baby Weighing (Drop In) <i>FREE for parents of under 2s</i> Time: 1pm to 2.30pm @ Pastures	Breastfeeding Support and Social Group (Drop In) <i>FREE for parents of under 2s</i> Time: 1pm to 2.30pm @ Pastures	
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MONDAY 22 DECEMBER

Early Days (Drop In) <i>FREE for parents of 0 to 4 months</i> Time: 1pm to 2.30pm @ Central Library	Baby Weighing (Drop In) <i>FREE for parents of under 2s</i> Time: 1pm to 2.30pm @ Central Library	Breastfeeding Support and Social Group (Drop In) <i>FREE for parents of under 2s</i> Time: 1pm to 2.30pm @ Central Library	Antenatal/ Postnatal Parent Chat (Drop in) <i>FREE for antenatal and postnatal parents</i> Time: 9.30am to 3.30pm @ Central Library
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TUESDAY 23 DECEMBER

Early Days Postnatal Group (Drop In) <i>FREE for parents of 0 to 4 months</i> Time: 1pm to 3pm @ Hockwell	Breastfeeding Support & Social Group (Drop In) <i>FREE for under 2s</i> Time: 1pm to 3pm @ Hockwell	Baby Weighing (Drop In) <i>FREE for parents of under 2s</i> Time: 1pm to 3pm @ Hockwell	
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NO SESSIONS RUNNING 24 DECEMBER 2025 TO 6 JANUARY 2026

FREE ONLINE PARENTING COURSES!

Visit
togetherness.co.uk/pathway-library
and use access code
HATTERS to register for FREE

Healthy Start Vitamins £2 Drops / £1 Tablets or FREE with Healthy Start Card

Available at venues when sessions are running!

You can apply for the Healthy Start Scheme to get them free at
www.healthystart.nhs.uk

You can see other locations such as Active Luton centres to collect from here: www.flyingstartluton.com/healthy-start/

We are not able to accept

OLDER SIBLINGS

at our groups. Please find alternative childcare or activities suitable for all ages elsewhere.

SEE THE LATEST TIMETABLE
ON
OUR WEBSITE PLEASE
SCAN THE QR CODE:

