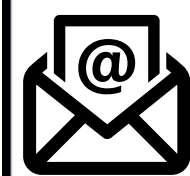




Flying Start Luton Activities

Tuesday 26 to Friday 29 May
(May Half Term)



*BOOKING IS REQUIRED
UNLESS IT SAYS (DROP IN)
Email/Call: 01582 368245
flyingstart@eyalliance.org.uk



VENUE ADDRESSES



- Park Town Family Hub, Bailey Street (LU1 3DU)
- Flying Start in Pastures Way Nursery, Pastures Way (LU4 OPE)
- Hockwell Ring Family Hub, Mayne Ave (LU4 9LB)
- St Francis Church, Carteret Rd (LU2 9JZ)
- Luton Central Library Family Hub, St George's Square (LU1 2NG)



New to Flying Start?

Register here <https://www.flyingstartluton.com/family-joining-form/>

More information will be available at: www.flyingstartluton.com

Check out our Social Media! Facebook: @FSLuton and Instagram: flyingstartluton

Monday 25 May

Tuesday 26 May

Wednesday 27 May

Thursday 28 May

Friday 29 May

CLOSED FOR BANK HOLIDAY MONDAY

Breastfeeding Support and Social Group (Drop In)
FREE for pregnant and BF parents
Time: 1pm to 3pm
@ Hockwell



Sensory Play* Booking Required
FREE for non-mobile babies
Time: 1pm to 2pm
@ Central Library



Sensory Play (Drop in)
FREE for non-mobile babies
Time: 9.30am to 10.30am
@ St Francis



Parent Baby Self- Weighing (Drop In)
FREE for under 2s
Time: 9.30am to 11.30am
@ Hockwell



Other Support:

FREE ONLINE PARENTING COURSES!

Visit togetherness.co.uk/pathway-library and use access code **HATTERS** to register for FREE
PLUS: VIDEO workshops available on demand! **Includes:**
Sleep and Routines
Understanding Behaviour
Childhood Illnesses
Oral Health
Toilet Training

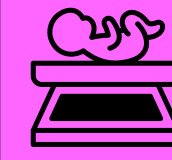
Parent Baby Self-Weighing (Drop In)
FREE for under 2s
Time: 1pm to 3pm
@ Hockwell



Parent Baby Self-Weighing (Drop In)
FREE for under 2s
Time: 2pm to 3pm
@ Central Library



Parent Baby Self-Weighing (Drop In)
FREE for under 2s
Time: 9.30am to 11.30am
@ St Francis



Breastfeeding Support and Social Group (Drop In)
FREE for pregnant and BF parents
Time: 9.30am to 11.30am
@ Hockwell



Sensory Play (Drop In)
FREE for non-mobile babies
Time: 1.30pm to 2.30pm
@ Hockwell



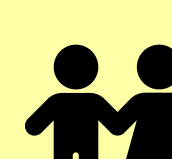
Breastfeeding Support and Social Group (Drop In)
FREE for pregnant and BF parents
Time: 2pm to 3pm
@ Central Library



Breastfeeding Support and Social Group (Drop In)
FREE for pregnant and BF parents
Time: 9.30am to 11.30am
@ St Francis



Play and Learn (£2)* Booking Required for under 5s
Time: 10am to 11am
@ Park Town



Icon Key:

- Breastfeeding Support
- Baby Weighing
- Baby Groups
- Toddler Groups

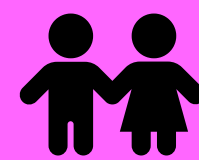
Please Note:

We are not able to accept **OLDER SIBLINGS** at our groups.
Please find alternative childcare or activities suitable for all ages elsewhere.

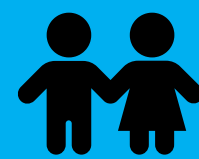
Healthy Start Vitamins

£2 Drops / £1 Tablets or FREE with Healthy Start Card
 Available at venues when sessions are running!
You can apply for the Healthy Start Scheme to get them free at www.healthystart.nhs.uk
You can see other locations such as Active Luton centres to collect from here:
www.flyingstartluton.com/healthy-start/

Mini Movers* (£1)- Booking Required
for confident walkers over 1 and under 3
Time: 10.45am to 11.30am
@ St Francis



SPECIAL EVENT
Symbol Friendly Family Hubs Luton Launch
FREE for parents with under 5s
Time: 10am to 12pm
@ Central Library



SEE THE LATEST TIMETABLE ON OUR WEBSITE PLEASE SCAN THE QR CODE:

