



Flying Start Luton Activities

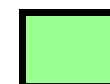
31 August to 4 September



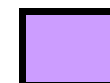
***BOOKING IS REQUIRED**
UNLESS IT SAYS (DROP IN)
Email/Call: **01582 368245**
flyingstart@eyalliance.org.uk



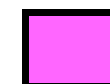
VENUE ADDRESSES



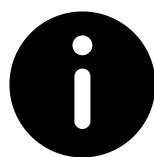
Flying Start in **Pastures Way** Nursery, Pastures Way (LU4 OPE)



Hockwell Ring Family Hub, Mayne Ave (LU4 9LB)



St Francis Church, Carteret Rd (LU2 9JZ)



New to Flying Start?

Register here <https://www.flyingstartluton.com/family-joining-form/>

More information will be available at: www.flyingstartluton.com

Check out our Social Media! Facebook: [@FSLuton](#) and Instagram: [flyingstartluton](#)

Monday 31 August

Tuesday 1 September

Wednesday 2 September

Thursday 3 September

Friday 4 September

Sensory Play (£2) - Booking Required
for non-mobile babies
Time: 1pm to 2pm
@ Hockwell



Baby Weigh (Drop In)
FREE for under 2s
Time: 2pm to 3pm
@ Hockwell



Breastfeeding Support (Drop In)
FREE for pregnant and BF parents
Time: 2pm to 3pm
@ Hockwell



**CLOSED
FOR
TRAINING**

Sensory Play* (£2)- Booking Required
for non-mobile babies
Time: 9.30am to 10.30am
@ St Francis



Baby Weigh (Drop In)
FREE for under 2s
Time: 9.30am to 11.30am
@ St Francis



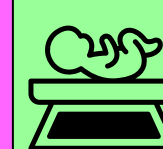
Breastfeeding Support (Drop In)
FREE for pregnant and BF parents
Time: 9.30am to 11.30am
@ St Francis



Sensory Play* (£2)- Booking Required
for non-mobile babies
Time: 9.30am to 10.30am
@ Pastures



Baby Weigh (Drop In)
FREE for under 2s
Time: 10.30am to 11.30am
@ Pastures



Breastfeeding Support (Drop In)
FREE for pregnant and BF parents
Time: 10.30am to 11.30am
@ Pastures



Icon Key:



Antenatal (Pregnancy)



Breastfeeding Support



Baby Weighing



Baby Groups



Toddler Groups

Healthy Start Vitamins

£2 Drops / £1 Tablets
or FREE with Healthy Start Card



Available at venues when
sessions are running!



You can apply for the Healthy
Start Scheme to get them free at
www.healthystart.nhs.uk

You can see other locations such
as Active Luton centres to collect
from here:
[www.flyingstartluton.com/
healthy-start/](http://www.flyingstartluton.com/healthy-start/)

FREE ONLINE PARENTING COURSES!

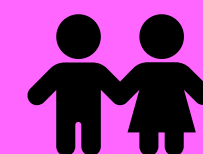
Visit [togetherness.co.uk/
pathway-library](http://togetherness.co.uk/pathway-library)
and use access code **HATTERS** to
register for FREE
PLUS: VIDEO workshops available
on demand!

Includes:
Sleep and Routines
Understanding Behaviour
Childhood Illnesses
Oral Health
Toilet Training

SEE THE LATEST TIMETABLE ON
OUR WEBSITE PLEASE
SCAN THE QR CODE:



Mini Movers* (£1)- Booking Required
for confident walkers over 1 and under 3
Time: 10.45am to 11.30am
@ St Francis



Please Note:

We are not able to accept
OLDER SIBLINGS
at our groups.
Please find alternative childcare
or activities suitable for all ages
elsewhere.